

## VBCSD Wellness Committee

Wednesday May 17, 2023

### Meeting Minutes

In attendance: (meeting held via Zoom and in person)

Justin Hill, Brenda Hendrichsen, Bonnie Watson, Gayle Hervey, Holly Strait, MaryDawn Schuck, Jeremy Hissem, William Cline, Brandon Stuhr, and Jonathon Strait

1. Review of 2022 meeting minutes.
  - a. PrimeroEdge software
    1. Gayle Hervey—No current issues with the system. Has been reviewing information with Brenda Hendrichsen RN. Looking into getting Brenda an account set up.
    2. Holly Strait—continuing to enter student allergies in manually, due to the program not being able to pull from Powerschool. This will need to be updated annually with new students to the district or current students who are newly diagnosed. Nursing is also unable to enter a custom allergen. If the allergen is not available in the list, customer support has to be contacted. They will enter into the drop down menu.
  - b. New health curriculum began this year. No issues currently.
  - c. Meal charges were reinstated this year due to the ending of “Every Student Eats Free” program.
2. Dietary—Gayle Hervey
  - a. The 5 year review will take place next year. This will include the current wellness policy.
  - b. Hoping to continue with the salad bar for all 3 centers next year.
  - c. Trying some healthy choices for the concession stand. There is an issue with not enough refrigeration space.
  - d. The application for the fruit/vegetable grant has been submitted.
  - e. The summer food program will run during the month of June. Pick up will be every Monday.
  - f. Looking into next year providing a “grab n go” option with drink for purchase for those students that will leave school early due to scheduled activities.
  - g.
3. Nursing—Holly Strait
  - a. The new AEDs have arrived and replaced all outdated models.
  - b. There has been a decrease in the number of students taking advantage of free services offered throughout the school year such as, ISmiles and Iowa Kidsight. Suggested having permission slips available during registration.
    1. Iowa Kidsight/Lions Club—Vision Screenings were offered to Prek and K.
    2. ISmiles—Dental sealants, dental screenings, and fluoride Varnish were offered to grades 2, 3, and 6.

Nursing Cont—Brenda Hendrichsen

- c. Nursing recognizes that the enrollment process is a difficult one regarding completion of some of the forms, the nursing staff will continue to work with administration to explore ways to increase response and accuracy of health information.
4. Physical Activity
    - a. Bonnie Watson Douds/Harmony Elementary Centers
      1. October students participated in the Fall State Walk.
      2. Students participated in the Ninja Challenge in lieu of the Kids Heart Challenge.
      3. Students participated in the Youth track meet.
      5. Fun day/Go the Distance was scheduled May 15 at the Douds Center and May 16 at the Harmony Center. Everything went well.
      6. PE curriculum requirements are being met.
    - b. Justin Hill MS/HS
      1. PE curriculum requirements are being met. No current issues or big adjustments.
      2. Would like to look into expanding on the HS curriculum.
      3. Brian Johnson (Per email—unable to attend meeting) is still interested in providing protein for students in Weight Lifting class post work out. Waiting until the new weight room is completed to see if there is space for a locked cooler/frig to make it more convenient.
  5. Administration
    - a. The original District Wellness poster has not been updated since the consolidation. Mr Hissem requested the nurses lead this project.
    - b. Discussed the possibility of adding medical services permission forms to registration but due to the number of forms already in place this may not be best option.
    - c. Prior to the meeting, Emily Cline Activities Director asked to be removed, as marketing now is being handled by Madison Rushing Director of Student-Family Services and Marketing.
  6. Public Concerns/Comments-None
  7. Current Wellness Policy
    - a. Last reviewed by board on May 19, 2022 (first reading.)
    - b. Board approved update on June 15, 2022. The outdated language (School Meals Initiative [SMI] no longer exists.) Policy was edited to "Child Nutrition Administrative Review." No other updates to the current policy at this time.
    - c. Triennial assessment was completed 1/23/23, as it is due this year.
    - d. Last date of completion 2/20/2020.
    - e. Meeting minutes were recorded and will be submitted for posting on district website.
    - f. Continuing to meet requirements of current members list, meeting announcements, and other pertinent information.

Members in attendance contact information:

Brenda Hendrichsen RN [Brenda.hendrichsen@vbcwarriors.org](mailto:Brenda.hendrichsen@vbcwarriors.org)

MaryDawn Schuck Principal Douds Center [MaryDawn.Schuck@vbcwarriors.org](mailto:MaryDawn.Schuck@vbcwarriors.org)