



Van Buren County SAFE Coalition
August Meeting Minutes
Location: VBCH Community Services Center
Tuesday, August 18, 2015
9:00 a.m.

Meeting called to order by Melissa Daugherty at 9:05 a.m.

Members Present: Heidi Bainbridge – DFC Coalition Director, Gloria Brown – Other Organization, Makenzie Crull – Other Organization, Melissa Daugherty – Youth Serving Organization, Ginger Knisley – Other Organization, Alondra Majin – Other Organization, Kris Rankin – IPFS Coordinator, Sara Sprouse – Schools, Janine Vermazen – Other Organization, Ciery Welcher – Student

July Minutes approved by: Heidi Bainbridge **Second:** Sara Sprouse

Topic: Iowa Partnership for Success Funds

- Kris shared that currently the coalition is working on capacity building in this area. She pointed out that she had shared the County Substance Abuse Prevention Resources work sheet and the Van Buren County SAFE Coalition Capacity Checklist with coalition member at the last meeting, through email last week and today in their packets for them to fill out and turn in at the end of the meeting today. She will then compile the information and the evaluation committee will review it and then the final reports will be completed and submitted by their September 8th due date. Heidi shared that capacity building is about who is involved with the coalition, who is missing, and who can be engaged in the work of the coalition.
- Kris told everyone that for the IPFS Grant IDPH will be holding a two day training the week of October 11th in Des Moines and the coalition staff and IDPH would like to have a coalition member attend that training with them. The training will be on the Implementation and Evaluation steps of the Strategic Prevention Framework. Kris asked that if anyone would be interested in attending to please let Heidi or herself know as soon as possible.

ACTION STEP: Let Heidi or Kris know if you are interested in attending the IPFS Training

By Whom: All Coalition Members

By When: September 11, 2015

Topic: Circles of Involvement

- Heidi facilitated the second step of the Circles of Involvement Activity. During this time the members present who were not at the last meeting placed their names on the chart for their involvement and for where they would like to be involved with the coalition. The members also brainstormed in small groups about what groups and individuals should be recruited to the coalition.

ACTION STEP: None

Topic: Drug Take Back – September 26, 2015 – Keosauqua Senior Center – 10 am – 2 pm

- Heidi shared that the Van Buren County Sheriff's Office, the SAFE Coalition and the DEA are working together to hold a Prescription Drug Take Back Day again in Van Buren County on September 26th. She passed posters around for members to hang up throughout the county when they are there to advertise the event. She said that after Sara shared her issue of not being able to transport medications left at the schools that need to be disposed of the coalition is working with the Reserve Officers to pickup medications at some other locations on the Friday before the event. Kitty is going around to senior meal sites and doing presentations and during those she will be talking about this event. So, if there are seniors who want to bring their meds to the senior meal sites the law enforcement officers may be visiting them that Friday before the event. She encouraged coalition members to promote this event as much as possible since the county does not have a permanent disposal location for controlled substances. The coalition is also looking at long term solutions for controlled substance disposal in the county. Currently law enforcement is not interested in a drop box at their office and Lee's Pharmacy is looking at the options for take back. Heidi participated in a meeting yesterday that included a representative from the state pharmacy board and they are trying to facilitate their Take Away program being able to dispose of controlled substances. They are finding it is very costly and are looking for ways to fund that right now. She reminded the coalition members to share it with everyone that might have unused or expired medications that they need to dispose of – it is not just for the elderly. It is free and there are no questions asked. Gloria asked if they bring it in the bottle. Heidi said yes and if they are concerned about privacy they can mark out information, remove the labels or place them in a baggie if they like.

ACTION STEP: Advertise the upcoming Prescription Drug Take Back Day

By Whom: All coalition members

By When: September 26, 2015

Topic: Youth Development Grant

- Heidi shared that at the last meeting she had talked about the Youth Development Grant that the coalition had applied for to help sustain the work of the coalition with the Youth Leadership Council. The coalition did not receive this grant. So the coalition will not be administering that grant. The coalition will still continue its work with the YLC group, but it will look different. Melissa has funds to do tobacco work with them and the coalition will be working with a teacher who can be a sponsor at the school for the group. Some of the youth also have some ideas for leadership opportunities with the group. Heidi and Melissa will be meeting next week to iron out some of the details and how it will work. She shared that the coalition still wants to engage the students and allow for them to have leadership opportunities in the community.

ACTION STEP: None

Topic: DFC Update – In Packets

- Melissa shared the update is in everyone’s packets and was emailed to coalition members yesterday.
- Heidi explained that this report is done for the Van Buren Community School Board as they are the coalition’s fiscal agent. She said they continue to ask for the update in different formats and are now asking for it to be submitted by the first week of each month. Since they did not have a regular board meeting August this report was submitted for both August and September.
- The big thing Heidi wanted everyone to know about is the Team Meetings being held at the Van Buren Community Middle/High School on September 1st at 6:30 pm in the High School Gym. These meetings will be done a little different this year. There will be two held (one in the fall and one before the spring/summer activities) and parents/students only have to attend one per year and that will cover the student for the whole school year. The first one will be held during Open House this year with a makeup date later for those who cannot make it that night. These meetings are for all students who are involved in any sports or extracurricular activities. The change was made due to the input of parents last year. Heidi and Kris also developed a form that the parents and students will sign off on at the end of the evening for proof of attendance that will be kept by the school.

ACTION STEP: None

Topic: YLC Update

- Cierstynn shared that June 23-26, 2015 ISTEP held their youth forums around the state of Iowa. During them the guest speaker was Vincent Irving from the Truth and Legacy Foundation. They also had presentations by youth ISTEP Leaders and interactive stations where attendees could learn about different activities they could do in their communities. Some of the activities represented were a lemonade stand – where they are offered additives from cigarettes (acetone, tar, etc), popcorn bag facts, a crime scene with a body outline and facts, cupping a fence with tobacco prevention messages, and 1,300 feet with youth’s stories representing people who die each day from tobacco caused illnesses. She said that they now have a new website where they update regional meeting information. She called in to a regional meeting last week where they discussed their goals for the next year and the successful activities they have done. Their first retreat will be September 19th. Heidi asked where they go for the retreats. Cierstynn said they go to central Iowa.
- Heidi shared that Cierstynn has been working with the coalition for her Silver Cord Project. She is also an active member of YLC and at the state level with ISTEP.
- Heidi said that the girls who attended the National Youth Leadership Initiative in August will be at the September meeting to share what they learned and did at that training. Kris will also share her experience from Mid-Year then.

ACTION STEP: None

Topic: Other Business

- **Training Opportunities:** Heidi said that Tammy Wetjen-Kesterson had shared some upcoming training information with her and the first one is a Community Partnerships for Protecting Children 101 Training on October 22, 2015 from 9:00 am – 4:00 pm at the Prairieview Methodist Church, Richland, IA. It will include lunch and it is free. The other training is a Family Peer Support Specialist Training that is an opportunity for people to become trained to be family peer support specialists. It is to be held September 29 – October 1 in Spencer, IA and October 20 – 22 in Storm Lake, IA and they are free (have to attend both trainings). Heidi shared that the DEC Conference is in October and the Prevention Conference will be in November. If anyone is interested in these conferences please let Heidi know and if they coalition has funds to support members attending it will.
- **Suicide Prevention Work in Van Buren County:** Kris shared that for the IPFS Grant there was a training this week on Suicide Prevention and the presenters asked the IPFS Coordinator’s to find out about Suicide Prevention work being done in their counties and who is providing it. She asked that if any coalition member knows of Suicide Prevention work being done in Van Buren County to please let her know about it so she can report that back to IDPH. Gloria mentioned that there is a support group meeting in Jefferson County and that she will get that information to Kris as it is an open group – not limited to Jefferson County. Sara mentioned that she has resources to share with families/students and she has learned about a training for nurses as well. Heidi said that the IPFS leadership wants the coordinators to encourage schools to utilize an online training.

Next Meeting: Tuesday, September 15, 2015 at 9:00 a.m. at Van Buren County Hospital Community Services Center Conference Room.

Meeting Adjourned: At 9:50 a.m.

*Meeting minutes are only a summary of the meeting. For a recording of the full dialogue of the meeting you may contact the coalition office.